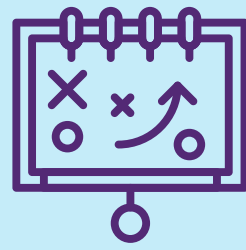


ILM COACHING & MENTORING QUALIFICATIONS



Eliesha delivers engaging programmes of learning towards the following ILM Coaching & Mentoring qualifications:

- **Level 2 Award** in Effective Mentoring Skills
- **Level 3 Award** in Effective Coaching
- **Level 5 Certificate** in Effective Coaching & Mentoring
- **Level 7 Certificate** for Executive and Senior Level Coaches & Mentors

They are an excellent, accredited way to ensure your organisational coaching culture is built and supported by individuals equipped with the most effective and up to date **knowledge, skills, behaviours** and **practices** in coaching and mentoring.

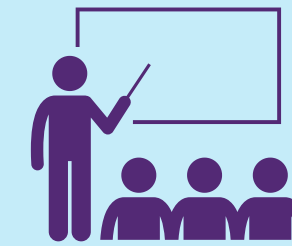


INDIVIDUAL BENEFITS

At each level, individuals will grow their **understanding** of coaching and/or mentoring's **value** in the workplace. This ranges from an introduction to its use in the context of professional development and performance enhancement, to its strategic importance for senior leaders and executives.

Learners will develop their **skills** as a workplace coach and/or mentor, developing their **knowledge** of coaching models and how to manage these and other processes within an organisational context. By the end of their programme, they will have undertaken a minimum number of hours coaching time and will be able to coach and/or mentor, whether for the first time or with executive leaders, from a place of **confidence**.

DELIVERY METHODS



Face-to-Face

A series of workshops delivered in a physical location, by a dedicated assessor/coach, to a regular group of learners.



Virtual Learning Environment

A series of online, real-time sessions delivered to a regular group of learners, in an interactive virtual workshop format, by a dedicated assessor/coach.



Distance Learning

Individual self-learning supported by 1-2-1 guidance from a dedicated assessor/coach. This method can include online, real-time sessions with other learners.



LEARNING CONTENT

- Develops **understanding** of coaching, mentoring or both within an organisational context
- Guides the **undertaking** of coaching, mentoring or both, with an emphasis on best practice and a minimum number of hours spent in practice
- Encourages and delivers skills to **review** and **reflect** on own ability as a coach, mentor or both

All programmes are split into units, combining to to the required number of credits enabling qualification award.

Level 2 Award in Effective Mentoring Skills

- 2 units totaling 5 credits

Level 3 Award in Effective Coaching

- 3 units totaling 10 credits
- Minimum of 6 hours coaching time

Level 5 Certificate in Effective Coaching & Mentoring

- 3 units totaling 16 credits
- Minimum of 18 hours coaching *or* mentoring time (min. 2 individuals)

Level 7 Certificate for Executive and Senior Level Coaches & Mentors

- 3 units totaling 17 credits
- Minimum of 20 hours coaching *or* mentoring time (min. 2 individuals)



ON-PROGRAMME ASSESSMENT

All qualifications include both knowledge and skills-based units. Learners are assessed on various learning outcomes, in turn broken down into assessment criteria, via written assignments and portfolio submissions.

SUITABILITY ASSESSMENT

These are regulated qualifications, so an initial assessment must be undertaken prior to programme commencement in order to identify:

- Any specific training needs
- Support and guidance that may be needed whilst working towards the qualification
- Previous relevant experience
- Whether the type and level of qualification is suitable*

**particularly at Level 7*

DURATIONS

Typical programme lengths are below, but our delivery is highly flexible to your organisational context and specific learning requirements:

- Level 2 Award: **3 months**
- Level 3 Award: **6 months**
- Level 5 & 7 Cert: **9 months**



www.eliesha.com

business@eliesha.com

0191 282 2800

Eliesha
bringing learning to life

ilm
Approved
Centre